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All program directed contributions to the HEAR Foundation go directly toward the projects that we fund.

Mail your donation to the adjacent address. Or, visit our NEW website to donate online.

Thank you for giving generously!

## How You Can Help

The Health, Education & Relief Foundation is a 501(c)(3) organization that seeks to empower individuals and organizations through funding health projects, educational programs, and relief work. HEAR is committed to helping individuals attain independence and self-sufficiency, particularly those members of our world community who are often neglected and forgotten.

Please consider donating to the HEAR Foundation, either through our NEW website or by mail.



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# HEAR US

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## THANK YOU!

HEAR would like to thank **Cesaroni Design** for donating the creation of our new logo. A special thanks to **Missy Gustafson** for her hard work and to **William Cesaroni** for his generosity.

## HEAR Foundation Scholarship Launched

In 2010 HEAR will award its first set of college scholarships to five Chicago-area high school students in need. HEAR has partnered with Daniel Murphy Scholarship Fund (DMSF) in the planning of this program and will work with them in order to publicize the scholarships to qualified students. DMSF provides four-year high school scholarships and educational support to economically disadvantaged Chicago eighth grade students who demonstrate outstanding academic potential, leadership skills and strong character.

The HEAR Foundation scholarships are need-based and targeted towards determined, hard-working young adults. HEAR

will give one \$30,000 scholarship to be distributed over four years, and four one time awards of \$2,500. The application deadline for the HEAR Foundation Scholarship is January 29, 2010 and the winning student will be chosen on April 26, 2010.

HEAR is in the process of building an endowment fund for the scholarship in order to establish a perpetual resource for students in need in the Chicago area. All proceeds from the HEAR Foundation Holiday Fundraiser will go towards this program. The scholarship application and all relevant information about the scholarship is posted on the HEAR website: [www.hearfoundation.org](http://www.hearfoundation.org)



DMSF class of 2013 at its award ceremony in May

## Thanksgiving Chicken: Nearly 80,000 Pounds of Chicken Provided to Needy Families in Chicago and Detroit

Thanksgiving is unfortunately not a time of plenty for many families across the United States. HEAR is doing its best to contribute to the alleviation of hunger by purchasing nearly 80,000 pounds of frozen chicken thighs and wings to be delivered to families in Chicago and Detroit the week before Thanksgiving.

In Chicago, the chicken will be dropped off at the Greater Chicago Food Depository and the Chicago Christian Industrial League. These organizations will identify families in need and will distribute the food to them. HEAR is also working with Alderwoman JoAnn Thompson of the 16<sup>th</sup> ward to distribute the food in West Englewood. HEAR volunteers will work with the aforementioned organizations to help deliver the chicken.

In Detroit, the food distribution will be facilitated by Northville Civic Concern, an organization whose primary purpose is providing food to those in need in the Northville or Northville Township school districts of Detroit. HEAR collaborated with Northville Civic Concern to identify twenty-one recipient organizations in Metro Detroit which will gift the chickens to families in need. All organizations involved are food pantries, soup kitchens, or organizations that support families that are homeless.

Hopefully this year not quite as many families will be hungry during the Holidays.



## Programs Creating Change at Casa Hogar Marta & Maria Orphanage

In July, Hijas, a partner organization of HEAR, traveled to Jalapa, Guatemala to set the ground work for the jewelry-making and sewing program to eventually become a sustainable business that brings income to the Home. During that trip Hijas began training a small group of skilled girls

to be teachers in either jewelry-making or sewing. Once competent enough these select girls can teach a larger group of the residents so that learning and production continues even when Hijas is not present.

Hijas is returning in mid-November to continue this mission and to develop deeper business relationships with merchants in Guatemala who will eventually sell the girls' products. American volunteers specializing in international



Carla, a resident at Marta & Maria, learns the techniques to be a teacher in the jewelry program

business will be participating in this trip to aid in the further development of a business plan for the jewelry-making and sewing program. The Hijas trips in both July and November were funded in large part by grants from HEAR.

Hijas has also been coordinating with a company in Guatemala to supply the materials to build a safe new playground for the girls at Marta & Maria. Hijas raised over half the funds for this

(Story continued on p. 3)

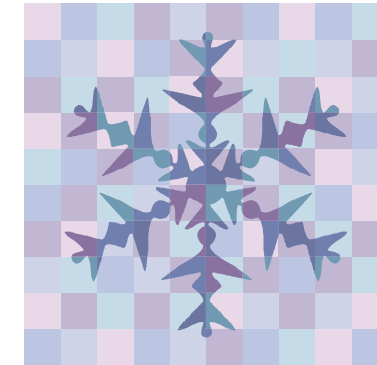


(Above) The old playground at Marta & Maria

## Second Annual HEAR Holiday Celebration and Fundraiser Approaches

HEAR's Second Annual Holiday Celebration and Fundraiser will take place on Friday, December 11, 2009 from 7:00pm-11:00pm at Quartino Restaurant in downtown Chicago. Last year's event was a success and we have planned an even greater one this year. The HEAR Foundation Board of Directors has decided to underwrite all costs of the fundraiser. All proceeds from the event will go towards the HEAR Foundation Scholarship Fund in order to allow five determined Chicago-area students in need the opportunity to pursue a college degree.

At the fundraiser we will have more information about the HEAR Foundation and the projects and organizations we support. Hijas will be selling fine jewelry and other hand crafted products made by the girls at the Marta & Maria orphanage in Jalapa, Guatemala. We will also be featuring great items in our silent auction and luxury raffle. Among the items included in the silent auction are one week stays in condos



in Acapulco and Cabo San Lucas, golf outings including drinks and lunch at some of the top courses in the Chicago and suburban areas, Chicago sports teams tickets, catered six-course dinner with wine pairings in your home, behind-the scenes tour and tasting at Vellum Wine Craft in Napa Valley, and a Chicago Cultural Package with museum, symphony, restaurant and theater tickets. The raffle will include restaurant gift certificates, spa services and products, wine and micro brews, Hijas' jewelry, items for dog lovers, and more.

There will be a delicious selection of heavy hors d'oeuvres, as well as beer and wine. The suggested donation to attend is \$80. Credit cards accepted at the event. If you would like to receive an invitation, please contact [Julia@hearfoundation.org](mailto:Julia@hearfoundation.org). Bring your family and friends, partake in holiday cheer, and contribute to HEAR's work. As always, we greatly appreciate your support.

(Marta & Maria Cont.)

project and HEAR extended a matching funds grant for a portion of the earnings.

HEAR volunteers and a couple directors on the Board will be traveling to Jalapa in mid-November, during the same time frame as Hijas, to construct the playground. Other projects to be completed at Marta & Maria by HEAR and Hijas volunteers during this trip include basic English as a Second Language training for the residents, installation of a safer system to communicate with and allow visitors onto the grounds, minor painting projects, fencing and improvements on a chicken coop. A major goal of HEAR and Hijas during the November trip is to begin working with leadership at Marta & Maria to determine what are their goals for the Home five years out, and how HEAR and Hijas can work with them in order to improve the lives of the residents in the longer term.



(Above) Blanca will soon be a sewing teacher for other residents in Hijas' program